

Very Affordable

Treatment at Transitions, Inc. is both comprehensive and affordable. Payment from the patient participating in MAT with Suboxone is expected at the time of treatment. The medication is covered by most insurance plans as well as Medicaid.

Please call 859.491.4435 for more details regarding cost and for questions about MAT with Suboxone as well as any of our other services.

Contact Us

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859.491.4435
www.transitionsky.org



Transitions, Inc. is an equal opportunity employer and service provider.

About Transitions, Inc.

Transitions, Inc. is a non-profit agency that has been providing life-saving treatment to those with substance use disorders for over 40 years. Our mission is to help people transition from the pain of addiction to the gratitude of recovery. We are the largest provider of detox, residential, intensive outpatient and aftercare treatment in No. KY.

Transitions offers a second chance at life for people who have lost hope in themselves. We restore this hope by giving them the tools they need to live as sober and productive members of our community.

We restore hope to families by educating them on the disease of addiction and facilitating discussion between them and their addicted family member.

We restore hope to the community by offering a safe place for those seeking treatment and by providing daily meeting space for practicing members of recovery groups like Alcoholics Anonymous. We also offer education programs for the general public.

Transitions, Inc. is a 501 (C) (3) nonprofit agency. Our services are funded or administered in part by the U. S. Department of Housing and Urban Development, the Kentucky Department of Corrections, Kentucky Housing Corporation, the Northern Kentucky Regional Mental Health/Mental Retardation Board, Northern Kentucky Area Development District, the fiscal courts of Kenton, Campbell, and Boone Counties, the Kentucky Administrative Office of the Courts, the Kentucky Dept. of Local Government, other government agencies, foundations, and private donors.

Transitions, Inc.

*From the pain of addiction
to the gratitude of recovery*

Medication-Assisted Treatment (MAT) with Suboxone/Subutex



Administrative Offices
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Susan's Story...

Susan is a college educated, single mom of two boys from a supportive family. She began experimenting with alcohol at age 15, using Oxycontin at age 21, and was addicted to Heroin by age 24. Her disease quickly led her to places she never thought she would go—loss of custody of children, stealing, totaling vehicles, living on the run, lying and using drugs during pregnancy. Her life spiraled out of control for nearly 10 years, damaging all of her family relationships, her friendships, her job, and her health.

After repeated failures in other programs that don't use Suboxone, and facing termination of parental rights, Susan began participating in treatment at Transitions. She was "sick and tired of being sick and tired." Susan began MAT treatment with Suboxone in combination with psychosocial counseling and education. The use of Suboxone as part of her treatment changed everything about her recovery. She was able to concentrate, learn about her disease, successfully overcome her cravings and actually feel better. Susan was no longer completely preoccupied with using drugs.

Today, Susan has completed residential treatment and is participating in outpatient. She is employed, she keeps her commitments, she is active in a 12 Step program, owns a car, has money in the bank, and perhaps most importantly, is on track to regain custody of her children soon. She is working on earning the trust of her family and friends, and day by day, with the appropriate resources, she is living a life of gratitude and recovery.

A Growing Crisis

The last decade has seen a new culprit leading the pack of mood altering substances—opioid narcotics. There has been a sharp and dramatic rise in the misuse of both prescription and illicit opiates for the last 10 years. "Opiates" include Heroin and the following commonly misused prescription painkillers: Vicodin, Lortab, Lorcet, Percocet, Roxicet, Methadone, Opana, Hydrocodone, Oxycontin and Oxycodone.

Accidental overdoses from opiates is the *leading cause of death in 18-25 year olds*, more than motor vehicle deaths and suicides combined. In all age groups, accidental overdoses account for more deaths than motor vehicle deaths.

Northern Kentucky has the highest rate of illicit drug use in the state while Cincinnati has the second highest rate in Ohio. By self-report, Transitions, Inc., sees 80 percent of detox admissions seeking treatment for opioid and/or Heroin addiction.

What is Suboxone?

Suboxone is a medication used as an adjunct to treat individuals with opioid addiction, with the intent of improving treatment outcomes. This medicine is not the treatment for the disease of addiction, but rather decreases relapse rates and improves cognitive function so treatment can be more effective. Without Suboxone, brain recovery can take up to a year for most function to return, and 3-5 years for the brain to completely recovery.

Suboxone limits the symptoms of physical withdrawal, *stops the psychological cravings* and "normalizes" brain function. These effects result in markedly decreased relapse rates so individuals can productively participate in counseling, twelve-step programs and other psychosocial treatments to get their disease into remission. Because it also acts as a blocker, *patients cannot get high on opioids while taking Suboxone*.

Our Approach

Transitions, Inc. offers a comprehensive treatment approach including the use of Suboxone combined with psychosocial counseling and education. Numerous federally funded, Substance Abuse Mental Health Services Administration sponsored studies show substantially improved outcomes when using Suboxone as part of a comprehensive treatment approach.

Transitions, Inc. offers MAT utilizing Suboxone *in combination with* treatment services.

Individual treatment plans are prepared for each patient and reviewed regularly with treatment staff and the Medical Director. A patient using MAT with Suboxone is required to fully participate in the recommended level of treatment services which may include some or all of the following: detox, outpatient, residential, recovery support meeting attendance, and aftercare services.